

KITCHEN INVENTORY

- ☒ Get a Wealth Journal
 - ☐ Start Nightly Quality Questions
 - ☐ Create your Income Statement
 - ☐ Create your Balance Sheet
 - ☐ Determine your current Net Worth
 - ☐ Start a Money Diary to track your spending
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- ☐ Create your Big Why
 - ☐ Create your Financial Freedom Feast Vision
 - ☐ Create your Financial Freedom Feast Menu
 - ☐ Determine what type of Money Cook you were in the past
 - ☐ Know Your Status - get your free credit reports
 - ☐ Create your Easy Wealth Pie and Wealth Pots
 - ☐ Develop a Spending Plan to achieve your spending targets
 - ☐ Review past spending and Squeeze the Juice - find at least 5% to cut out
 - ☐ Do the 1 Week Wealth Detox challenge - only spend on Security Soup items for a week
 - ☐ Track your emotional spending triggers in your Wealth Journal
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- ☐ Make the Expand Your Dough Recipe - Start an Automatic Investment plan
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- ☐ Freeze one low or no-fee credit card in a can of water :)
 - ☐ Destroy your Debt - create and implement your Debt Destruction Plan
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- ☐ Make a Will
 - ☐ Make a Living Will
 - ☐ Make an Enduring Power of Attorney
 - ☐ Determine if you need term life insurance, the amount you need and put it in place
 - ☐ Review your home building and contents insurance (if applicable)

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- ☐ Review your vehicle insurance (if applicable)
 - ☐ Review your needs for disability and income protection insurance
 - ☐ Review your needs for medical and critical illness insurance
 - ☐ Do a critical review of any other insurances you may have and determine if you really need them
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- ☐ Vacuuming - Do a physical clear-out of stuff that isn't adding value to your life from a minimum of one room
- ☐ Create an incompletions list. Against each incomplection, either complete it, schedule its completion or declare it complete
- ☐ Determine your Time to Freedom - Complete your Freedom Feast Cooking Timer spreadsheet
- ☐ Personal Mastery - Decide which seminars, courses, teaches and mentors you need to achieve your Financial Freedom